


ONCE A YEAR,
TREAT YOURSELF
TO A WEEKEND AWAY



Each year, Teams couples go on a retreat. It's a great opportunity to give prayer and faith the place that it deserves, refreshing our faith and our marriage.



**Equipes Notre Dame
(Teams)**

Find out more at: www.teamsoceania.com.au
Find is on  @ Teams Oceania



**Equipes Notre Dame
(Teams)**

To find out about the largest lay movement for married couples in the Catholic Church* and to add a bit of zest to the casserole of married life, go to:

www.teamsoceania.com.au

Your local contact is:

* Under the umbrella of the Catholic Church, membership is open to all Christian married couples.

COULD A CASSEROLE
ADD FLAVOUR TO YOUR
MARRIED LIFE?



Each month a team of Christian married couples and a spiritual counsellor meet up for an informal meal. Together we catch up on each other's lives, pray and discuss a topic we have chosen.



**Equipes Notre Dame
(Teams)**

Find out more at: www.teamsoceania.com.au
Find is on  @ Teams Oceania


SET UP A MEETING WITH GOD



Prayer holds a special place in the heart of Teams. It allows each of us to deepen our relationship with God, growing in faith as individuals, as a couple and as a family.



**Equipes Notre Dame
(Teams)**

Find out more at: www.teamsoceania.com.au
Find is on  @ Teams Oceania


TAKE A BREAK FOR A CHAT



Each month, Teams couples take some time to talk to each other in God's presence. We make the most of this time out from our busy lives to catch up and really listen to each other.



**Equipes Notre Dame
(Teams)**

Find out more at: www.teamsoceania.com.au
Find is on  @ Teams Oceania


COULD YOU PASS ME THE NEWS PLEASE?



As a Team couple, we commit to read and deepen our understanding of the Word of God and to talk about it with each other.



**Equipes Notre Dame
(Teams)**

Find out more at: www.teamsoceania.com.au
Find is on  @ Teams Oceania